ASSISTANCE. ADVOCACY. ANSWERS ON AGING.

Area Agency on Aging (AAA)

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Upper Coastal Plain



Assistance. Advocacy. Answers on Aging.

Serving Edgecombe, Halifax, Nash, Northampton and Wilson Counties

Contact any AAA team member to discuss how we may assist you and your family.

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UPPER COASTAL PLAIN AREA AGENCY ON AGING



The Area Agency on Aging (AAA) is a service of the Upper Coastal Plain Council of Governments, a lead planning organization comprised of five (5) county governments and thirty-nine (39) municipal governments. Working under the direction of locally elected officials of these governments, the staff plans and administers a variety of federal, state and local programs and services. The counties served include Edgecombe, Halifax, Nash, Northampton and Wilson.



At Upper Coastal Plain Area Agency on Aging, our mission is to empower senior adults, family caregivers and individuals with disabilities residing in Edgecombe, Halifax, Nash, Northampton and Wilson Counties to live independent, meaningful, healthy and dignified lives through a comprehensive plan of services and



linkages with community based programs.

Area Agency on Aging Services

The Area Agency on Aging is an organization working within a federal mandate to inform, advocate and plan for community services on behalf of older adults. The Area Agency on Aging is part of the National Network set in place by the Older Americans Act of 1965.

The Area Agency on Aging staff works with advisory committees in each county to study the needs of older adults and plan for services to meet those needs. The service goal is to enable older adults age 60 and better to live independently in their own homes. Eligibility is based on need for the service, not on income. There may be a waiting list for some services. Services include:

- * Adult Day Care, Adult Day Health
- Congregate & Home-Delivered Meals
- * In Home Respite for Family Caregivers
- * In-Home Aide
- * Transportation
- * Senior Center Operations
- * Legal Services
- * Information & Options Counseling

- Administer federal, state, & local funds to agencies serving older adults
- * Serve as a primary resource for information & assistance
- Advocate for the needs of caregivers and older adults with media partners, legislators and the Senior Tar Heel Legislature.
- * Lead regional planning efforts to develop programs and resources to meet the increased needs of the growing number of older adults in our service area.
- Provide education, training events and presentations on aging topics for older adults, caregivers and professionals.
- * The Ombudsman Program advocates for the rights of residents living in nursing homes and adult care homes and advocates against Elder Abuse.
- The Family Caregiver Support Program connects caregivers with community resources for education, support and respite.
- Health Promotions Programs provides education for healthier life outcomes.